

CAROLINE KINSOLVING
EDUCATION and TRAINING

Vassar College	New York
BA Double Major in Political Science and Drama, Minor in Mandarin Chinese, Dance	
Radiance Teacher Training	the Berkshires
100-Hour Teacher Training Program Audit, 2015	
Laughing Lotus College of Yoga	New York
200-Hour Teacher Certification Program, 2004	
Shiva Rea Trance Dance Yoga	Los Angeles
Certification Program, 2006	
Life Moves Through Workshop Training	Los Angeles
Healing through Yoga to Children who have experienced Trauma	
Stella Adler	New York
Intensives involving Movement 2003	
Royal Academy of Dramatic Art; NYU Program	London
NYU Program incorporating Movement/Dance/Alexander Technique/Breath Work	

TEACHING

Kripalu	Lenox, MA
Featured Guest Teacher	
The Mayflower Grace Inn and Spa	Washington, CT
Class and Private Instructor	
Valley Spirit	Washington, CT
Multi-Class Teacher	
Tri-Yoga	Great Barrington, MA
Yoga Instructor	
Bard College at Simon's Rock	Great Barrington, MA
Weekly Yoga Instructor	
Liberation Yoga	Los Angeles
Toddler and Parent Class Teacher	
Palmasola Villa	Punta Mita, Mexico
Daily Morning Small Group Private Class Instructor	
Life Works	Great Barrington, MA
Mommy and Baby Class Sub	
The Hotchkiss School	Lakeville, CT
Teacher for Students, Sports Teams, Overseas Students, Cultural Festival Special Guest, and PreSchool Yoga Teacher	
The Studio	Sharon, CT
Weekly Yoga and Pilates Teacher	
The Wheatleigh Hotel	Lenox, MA
Private Yoga Instructor	
Lenox Yoga	Lenox, MA
Weekly Teacher and Sub	
McEvoy Ranch	Petaluma, CA
Featured Teacher	
Yoga Great Barrington	Great Barrington, MA
Weekly Intermediate, Restorative, Advanced Teacher and Sub	
Radiance Yoga	the Berkshires, MA
Weekly Intermediate Teacher and Sub	
Emerald Health Services	Marina Del Rey
Weekly All-Level Class for Corporate Employees	
SYSKA Hennesey	Culver City
Weekly All-Level Class for Corporate Employees	
MNI Events	Los Angeles
Special Event Yoga Parties for Corporate Clients	
Steppenwolf West Intensive	Long Beach
Resident Yoga Teacher	
Elderberries	West Hollywood
Community All-Level Class	
Zooga Yoga	Culver City
Lead Teacher for babies, toddlers, and parents; Private Yoga teacher to 8-11 year old client	
Laughing Frog	West Los Angeles
Yoga Instructor and Promoter, 2012	
Yoga Stars	Santa Monica
Adult, Infant, and Children's Yoga Instructor; 2011-2013	
Evolve Studio	Glendale
Yoga Instructor and Promoter; 2009-2010	
Sunshine Preschool	Pacific Palisades
Children's Yoga Teacher; 2008-2010	
Rana's Arts Club for Kids	Santa Monica
Yoga, Drama, Dance, and Shakespeare Teacher; 2005-2007	
AH Yoga	Washington, CT
Visiting Yoga Teacher and Workshop Leader; 2005-2015	
Private Yoga Instructor to Adults and Children	
New York, Connecticut, Los Angeles, San Diego, London; 2003- present	

VOLUNTEER WORK

Yoga Teacher for Women with Breast Cancer, 2012-2016	Los Angeles
Yoga Teacher for Orphans, 2013 + 2015	Tanzania and India
Inner Beauty Day Yoga Leader at A Place Called Home	Los Angeles
Reader at All Saints Children's Hospital and CHLA , 2010-2014	Los Angeles
Big Sister with AIDS affected 11 year-old, 2003	New York
Childcare and Education at the Center for Battered Women , 2001-2003	New York
AIDS Education Group , (promoting student awareness), 2001-2002	Vassar College
Volunteer Childcare and Teaching through the following organizations , 1993-1998: Coalition for the Homeless, AIDS Education Group, Boston Community Services, The Writing Center of Milton Academy, The Special Olympics, Deborah Home for Children, Boston, Puerto Rico	